

A close-up, high-angle portrait of a woman's face. She has dark hair, green eyes, and is looking upwards and to the right. Her right hand is gently resting against her cheek. The background is a plain, light color.

# *Acacia*

Beauty and Aesthetics Clinic

[www.acacianailandbeauty.co.uk](http://www.acacianailandbeauty.co.uk)  
[www.facebook.com/acacianailandbeauty](https://www.facebook.com/acacianailandbeauty)  
[www.acacianailandbeauty.mobi](http://www.acacianailandbeauty.mobi)

Specialists in beautiful skin

At *Acacia* we work hard to bring you the best service, client care and knowledge that you deserve. That is why at Acacia our therapists undergo intense ongoing training to bring you the latest, up to date and professional treatments available today and we confidently boast the widest range of treatments for miles around. We believe that it is important to look after the physical health of your skin as well as its appearance.

**PREVENTION**

To maintain the health of your skin we recommend the following general guidelines:

**NUTRITION**

Reduce or eliminate the intake of alcohol, caffeine, additives, salt, sugar, saturated fat and smoking. Eat plenty of fresh fruit, particularly berries, and vegetables. Drink at least one litre of water per day. Try to eat an alkaline rich diet. Ratio should be 70% alkaline / 30% acid.

**SKIN CREAMS**

Anubis creams contain high levels of anti-oxidants such as vitamin A, C and E in forms that can be absorbed and penetrate the epidermis. A sunblock of at least 25% spf should be used daily. We offer a number of products prescribed to suit your needs.



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**ADVANCED COSMETIC PROCEDURES**

Effective removal of minor skin disorders and blemishes. ACP treatments are safe and offer instant results in many cases.



**FACIAL VEIN REMOVAL (NON-INJECTION)**

An advanced cosmetic treatment that is safe and effective in removing facial veins, blood spots and spider naevae. Normally one or two treatments are sufficient to eliminate them.

**DERMAL FILLER TREATMENTS**

**RESTYLANE** is a crystal-clear gel made of stabilized Hyaluronic acid. Hyaluronic Acid holds water, hydrates and gives volume to the skin. A simple injection of RESTYLANE replenishes lost skin volume, filling lines and deeper folds or creating fuller lips. Since its launch in 1996, RESTYLANE has been used safely in over 6,000,000 treatments in more than 70 countries worldwide so you can be reassured that it has a proven safety record.



**RESTYLANE** is non-animal in origin and does not require a patch test. The Hyaluronic acid is eventually broken down naturally leaving no trace of the filler. Most clients choose to have a follow up treatment every 6 to 12 months.

**SCLEROTHERAPY**

Sclerotherapy effectively treats varicose and spider veins. Sclerotherapy involves injecting a solution directly into the vein. The sclerotherapy solution causes the vein to scar and collapse, forcing blood to reroute through healthier veins. The collapsed vein is reabsorbed into local tissue and eventually fades.

After sclerotherapy, treated veins tend to fade within a few weeks, although occasionally it may take up to several months to see the full results. In some instances, more than one sclerotherapy treatment may be needed.

Our Aesthetic Nurse Practitioner, Marie Cassidy, has worked for many years in a leading UK cosmetic surgery company. Marie performs a first class clinic here at Acacia once a month. If you would like to view her extensive portfolio of qualifications, please feel free to ask.



**VISTABEL ( BOTOX )**



**BOTOX** is just one of the brand names used for Botulinium toxin type A. In 2006, a licence was given to use Botox in cosmetic treatments. Botulinium toxin type A blocks impulses that cause the facial muscles to contract. The action is never permanent and will break down naturally over time.



**SKIN NEEDLING TREATMENT**

Skin needling systems are used for a treatment process called micro needling or skin needling. It is a form of collagen induction therapy (CIT), reducing the appearance of fine lines & wrinkles, pore size and pigmentation whilst lifting and toning the skin.

Skin needling systems do not damage the skin or remove the epidermis layer. Skin needling with a needling pen produces hundreds of tiny dermal injuries. Each dermal injury triggers the normal healing response within the skin and successive treatments build new collagen. In addition to stimulating collagen growth, micro needling also creates channels through which any substance applied to the skins surface can be absorbed far more easily. The skin needling treatment comes complete with a range of cocktails suitable for most skin types. The nutrients or active ingredients from these cocktails are allowed to reach the lower levels of the skins layers. This vastly improves the effectiveness of products by several hundred percent. Skin needling is also suitable for reducing cellulite, scarring and stretch marks.



**RED CARPET TREATMENT**

This treatment combines skin needling (Nappage technique) with Mesotherapy cocktails and is applied to specific areas i.e. forehead, eyes, nasal folds. It can be taken as a course for optimum results or (hence the name) is also great as a one of treatment before special nights out or functions as it gives a radiant glow, smooth finish and uplift to the face and eyes.



**LASER SKIN REJUVINATION**

Laser skin rejuvenation is a method of firming and tightening areas on the face and body that have been damaged by sun or scars, or have been affected by age. Laser skin tightening targets specific areas to promote the production of new collagen, and increase cell repair for a more youthful and revitalized appearance.

**What can be improved with this procedure ?**

- Improving skin tone, rosacea, broken blood vessels, red facial veins, open pores.
- Acne and scarring.
- Facial wrinkles and fine lines reduction.
- Treating sun damage including age spots and brown pigmentation.
- Providing a smoother appearance to skin.

**BUST LIFTING TREATMENT**

Fat and collagen are the main components of breast tissue. This painfree IPL treatment will stimulate a regrowth/renewal of the breast tissue. It will also increase the blood flow in the capillaries, promoting microcirculation, thickening the connective tissue and encouraging the breast cells to enlarge and tighten the collagen fibres, causing the skin to lift. We recommend 3-6 treatments to grow 1 cup size, 12 treatments for further growth up to 2 cup sizes.

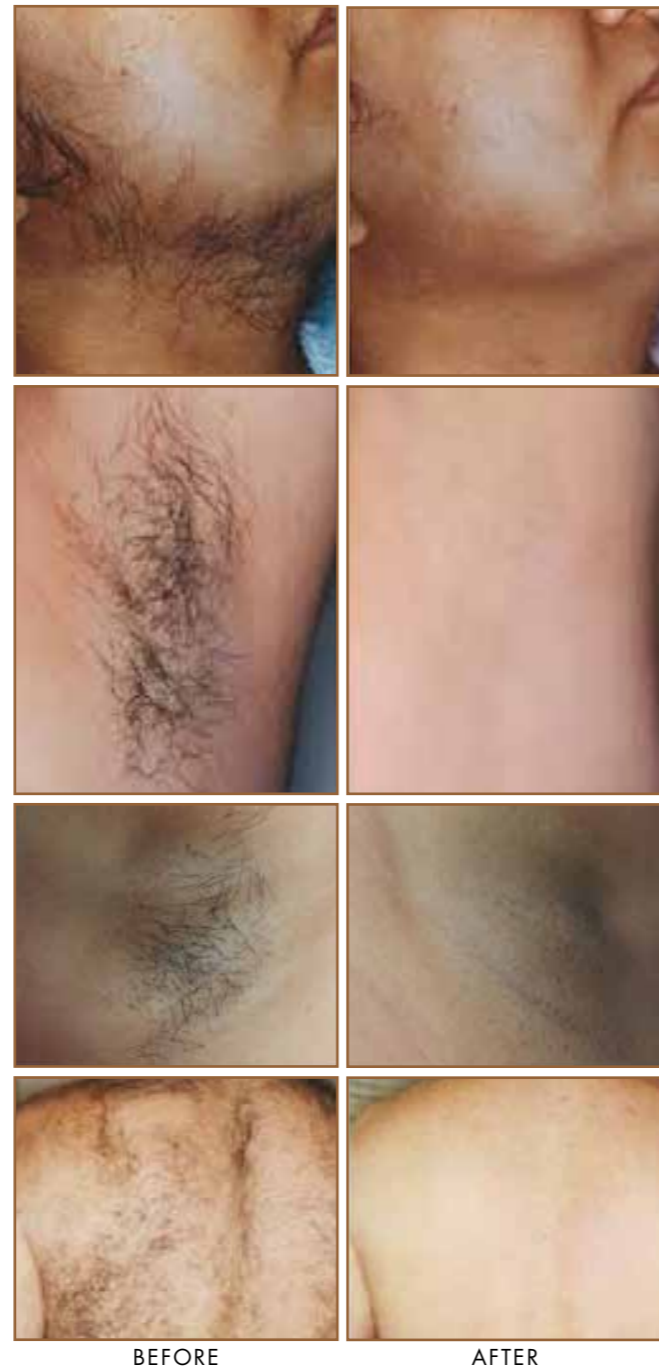
IPL HAIR REMOVAL OFFERS CLINICALLY PROVEN, SAFE AND PERMANENT REMOVAL OF UNWANTED HAIR.

To achieve long lasting or permanent hair reduction, it is necessary to destroy the hair follicle from which individual hairs grow. Well controlled pulses of light penetrate the upper skin layer and are absorbed by one of the body's own natural chemicals - melanin - in the hair contained in the follicle. Melanin converts the light energy into heat. This heat is transferred to the hair follicle, which is destroyed, making it unable to produce a new hair.

The majority of our hair is in the resting phase which explains why more than one treatment is necessary. We would advise that 6 treatments are performed 3, 6 or 9 weeks apart depending on the area being treated.

Areas that can be treated

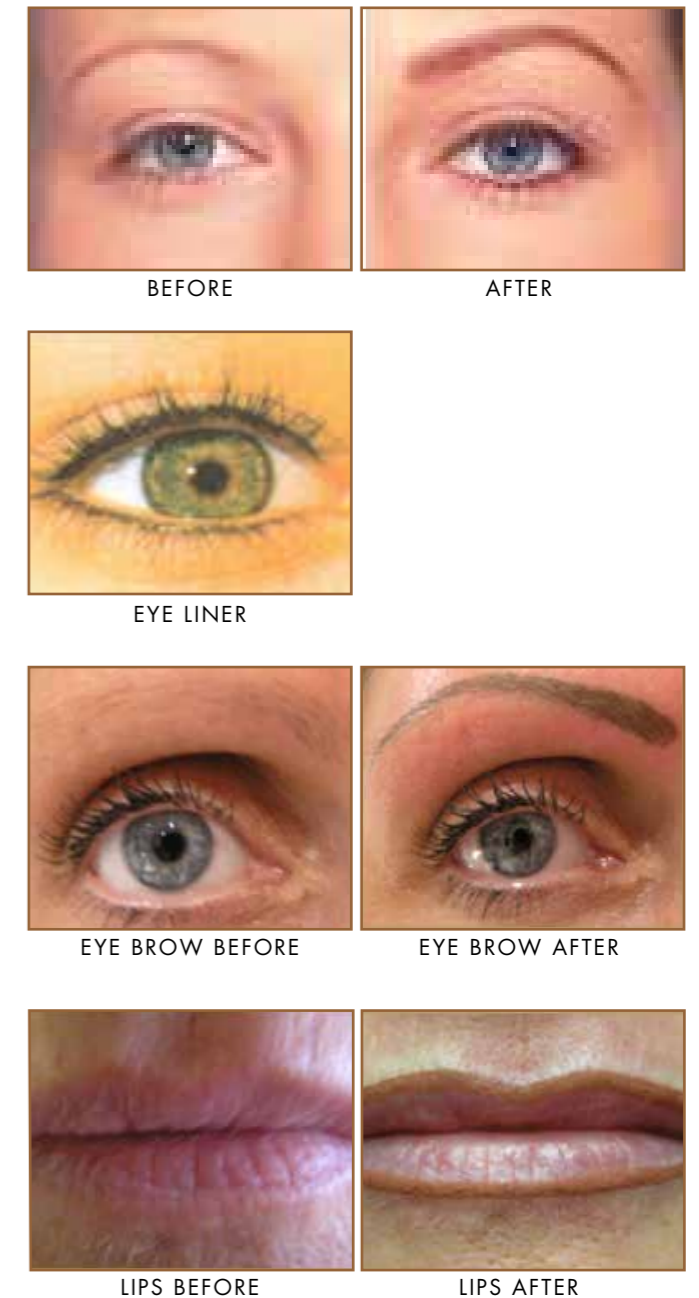
- ☛ Lip
- ☛ Chin
- ☛ Neck
- ☛ Face
- ☛ Central Brow
- ☛ Legs
- ☛ Buttocks
- ☛ Bikini
- ☛ Abdomen
- ☛ Toes
- ☛ Arms
- ☛ Underarms
- ☛ Breasts
- ☛ Back
- ☛ Facial Beards
- ☛ Eyebrows
- ☛ Chest



WHAT IS SEMI-PERMANENT MAKE UP ENHANCEMENT ?

Semi-Permanent make up, also known as micro pigmentation, is a revolutionary method of inserting small amounts of pigment into the dermal layer of the skin in order to enhance eyebrows, lips and eyes. The technique is designed to be completely safe and is approved by dermatologists and ophthalmologists. Semi permanent make up has great benefits in that it doesn't smudge or irritate.

Once treated, the effects last between 2 – 5 years.



**WHAT IS NO-NEEDLE MESOTHERAPY AND HOW DOES IT WORK ?**

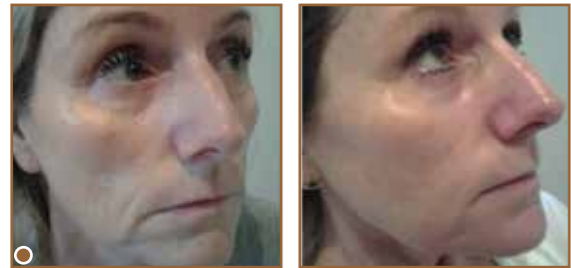
Needle-free Mesotherapy, also known as injection-free, no-needle mesotherapy Electroporation, is currently the most popular alternative to invasive injection beauty. It holds the same benefits as more invasive techniques, yet is painless, non-bruising, natural, and safe. No-needle Mesotherapy has no side effects, is suitable for all skin types, and is the recommended treatment for those who believe in Botox but seek a holistic approach in lieu of needles. The process can be used as a supplement or an alternative to Botox, peels, antioxidants, laser resurfacing, topical creams, facelifts, and other anti-aging and preventative treatments.

Electroporation, allows for maximum use of the water channel protein while transporting healthy ingredients, vitamins, minerals, and amino acids directly to the middle layer of the skin, which are then quickly absorbed - absorbing up to 2,000 times more than other traditional methods. The effects are significant.



**WHAT CAN NO-NEEDLE MESOTHERAPY TREAT ?**

This non invasive process is often used for fine lines and wrinkles, lifting, acne, pigmentation reduction, whitening and radiance, cellulite, firming and to achieve an overall more youthful appearance. After treatment, patients commonly describe skin as appearing and feeling rejuvenated, refreshed, smooth, radiant, more glowing, and firmer.



**WHAT TYPE OF MESO-FACIALS DOES ACACIA OFFER ?**

Acacia offers various different facial and body treatments:

- Anti Ageing
- Problematic Skins
- Line Filling
- Acne and Rosacea
- Lifting and Firming
- Neck and Chin Firming
- Eye Bags and Dark Circles
- Stretch Marks
- Cellulite
- Abdominal Tightening
- Body Firming
- Stretch Marks and Scars



Set your intention for your skin and we will customize your facial, using the appropriate products for you. We are happy to offer Acacia packages - Meso-Facials combined with Microdermabrasion, Microcurrent, Chemical Peels, Skin Needling and IPL Laser treatments - based on your skin needs, concerns, and goals.



BEFORE AFTER

**GENUINE ACACIA CLIENTS**

- 10% OFF** a course of 6
  - 20% OFF** a course of 8
  - 25% OFF** a course of 10
- } Mesotherapy facials

**MICRODERMABRASION**

Microdermabrasion is a facial for all types of skin. Excellent for renewing and restoring your natural glow. The process involves the removal of dead cells and debris from the surface layers of the skin to improve the overall texture. This process provides a progressive solution for dry skin, blackheads, acne and generally brightening of the skin.

**GLYCOLIC PEEL FACIALS**

Recommended for problem prone skins such as acne and scarring, damage caused by the sun. This facial is both deep cleansing and moisturising. We advise a course of treatment for problem prone skins.

**NON-SURGICAL FACE LIFT**

Originally used for muscle toning in sports injuries, stroke victims, bells palsy and to stimulate cellular rejuvenation of the skin. This facial will help contour the face, soften the lines and wrinkles using ultrasound technology. Normally a series of 10-12 sessions is needed for optimum results.

**ANUBIS SPA FACIALS TASTER FACIAL**

This introductory facial provides a quick and instant pick-me-up for any occasion and is adapted for any skin type. Recommend one treatment every 2 weeks.



**ANUBIS VITAMIN C STEM CELL FACIAL**

This potent anti-oxdyent facial aids the production of healthy skin by destroying harmful free radicals leaving the skin bright and illuminated. Its healing and anti-inflammatory action helps deep cleanse and even out skin tone. Try the vitamin C homecare for continued illuminated skin.



**NEW EVEN FACIAL**

Oxygenates, Renews and Revitalises skin immediately. Indicated for blocked, aged, devitalized skin. The successful Anubis formulation AHA HYDROXY SYSTEM: a combination of AHA's, oxygen and moisture, activates cell metabolism, revitalizing its functions and renovates skin. It immediately restores the skin's luminosity and vitality, specially indicated for preparing the skin before any specific treatment and as a renewing treatment before and after summer. Retail product available for homecare use.



**SENSITIVE ZUL FACIAL**

Prevents and soothes the reactions of sensitive skin. A line formulated with non aggressive active ingredients, such as guaiazulene or bisabolol, natural extracts derived from camomile. A special treatment for sensitive, delicate, reactive and alipic skin that needs special care. Use homecare regimes for continued results.



**EXCELLENCE EYES CONTOURING TREATMENT**

A tightening and draining line that prevents and treats aging signs in the eye contour area. Reduces puffiness, wrinkles and expression lines, and signs of fatigue. It has a lifting effect, refreshing and anti stress properties. A treatment with light, fresh and easy penetrating textures which revitalizes, regenerates, tightens and soothes skin in an active way. We offer a treatment pack for continued use at home.

**ANUBIS LUXURY BODY WRAPS**

We begin with body brushing and a full body exfoliation using ANUBIS lemon salt scrub. You will then be wrapped up in your choice of:



**CHOCOTHERAPY**  
– nourishes dry skin



**FRUIT THERAPY**  
– full of antioxidants for dry and aging skin



**COFFEE THERAPY**  
– detoxifying and cellulite



Whilst you relax with your Body Wrap we will perform a free Facial before removing the wrap. Your treatment will conclude with a full body moisturise to compliment your choice of wrap leaving your skin nourished with a silky smoothness that will last for weeks to come.



**BODY EXFOLIATION WITH MOISTURISING TREATMENT**

A great treatment for anytime, but especially before a holiday, as the body brushing and exfoliation will help to remove dead skin, preventing flaking after a sun tan and ensure a more even tan. A great treatment to have prior to a spray tan.



**SWEDISH AND SPORTS MESSAGES**

Traditional Swedish massage to help relieve muscular aches and pains, relax stiffness and soreness in muscles, promote relaxation and good bodily mobility. At ACACIA we specialise in Sports and Remedial massage for the treatment of injury and muscle, joint and ligament conditions. Choose from Deep tissue back massage, Full Body Massage, Neck, Shoulders, Face and Scalp, leg massage.



**MOTHER TO BE MASSAGE**

This is a special treatment for a special time. Take the opportunity to relax while we carefully massage using special techniques designed to take into account your changing needs. This wonderful massage eases any aches and discomfort and helps maintain healthy skin.

Safe, effective massage for:

- Pregnant women
- The elderly
- Client with existing back problems
- Those with special needs
- Those who cannot lie face down

**HOT STONE THERAPY**

Hot stone massage is a wonderful and relaxing experience that warms and soothes the muscles. Stone massage uses deep penetrating heat from smooth basalt rocks. This exotic treatment involves placing heated Lava stones on the skin and pressure points with natural and aromatherapy oils. The heat from the stones increases the relaxation response and increases healing through improved blood flow and circulation. Stone therapy has become one of the most requested massage treatments in spas and practices around the world.





**REFLEXOLOGY**

Thumb pressure technique applied to the reflex points in the feet to achieve perfect harmony in the body.



**AROMATHERAPY MASSAGE**

A natural holistic approach to well being. Aromatherapy is an ancient healing technique that dates back over 8000 years and is effectively used to treat a wide variety of illnesses from insomnia to irritable bowel to stress.



**INDIAN HEAD MASSAGE**

This versatile holistic therapy is an ideal stress busting treatment. Helps relieve headaches, eye strain, neck and shoulder pain, insomnia etc. Promotes deep relaxation.



**HOPI EAR CANDLES**

An ancient art still being used today by the Amazonian Indians to gently and safely clear the ear and sinus cavities. This technique is effective for headaches, sinus and ear congestion and general well being. Includes a relaxing head and face massage using essential oils. For our Ear candles we use only pure beeswax, honey extract and traditional herbs such as Sage, St John's Wort, Camomile and pure essential oils.



**THALASSO-MARINE INCH LOSS WRAP**

The purest highest quality natural seaweed, algae and phytoplanktons collected from mineral rich waters, form the basis of this unique wrap to guarantee inch loss.

**ACTION**

- Eliminates toxic waste and excess body fluids
- Firms and tones the epidermal strata
- Promotes beautiful smooth body contours
- Excellent for Psoriasis, Dermatitis and Eczema
- Reduces inches



**FOOD INTOLERANCE TESTING**

Food intolerances can be the cause of many symptoms, including fatigue, headaches, weight problems, IBS (Irritable Bowel Syndrome), depression, skin problems, bloating, sinus problems, insomnia. A simple food intolerance test at our clinic could easily and quickly identify any foods that may be at the root of your unwanted symptoms. Once you have discovered which foods you should avoid you can start making changes to your diet and help to take control of your own health.

**HD EYEBROWS**



**WHAT ARE HD BROWS?**

It's a unique treatment for creating perfectly well-groomed, high definition eyebrows. The HD Brows procedure transforms the way you look and more importantly, how you feel. Unlike other eyebrow treatments that use a 'one shape fits all' technique, HD Brows stylists assess face shape and colouring before creating a bespoke brow, tailored exclusively for the client.

Using a combination of skills, from preparation and personal consultation to custom blending, designing, creating and tailoring the shape as well as customised aftercare, HD Brows stylists can transform a face to such an extent that the effect has been likened to a mini facelift.

HD Brows also offer the exclusive HD Brows make-up range - a capsule collection of beautiful blushers, powders and palettes to suit every skin tone, along with professional HD Brows brushes for flawless application.



BEFORE

AFTER

**LASH PERFECT - SEMI PERMANENT EYE LASH EXTENSIONS.**

Lashes are made thicker and longer through professional application of an individual synthetic eyelash directly onto the natural eyelash with a specially formulated bonding agent. The extensions are very light and comfortable on the eyes. When applied professionally they do not damage the natural eyelash which can be the case with traditional self applied false eyelashes. To maintain the fullness of the lashes and to keep their perfect appearance, we do recommend that they are retouched every two to three weeks.

The lashes are for professional application only and the application procedure is very comfortable and relaxing. They can be removed at any time by a professional.



**EYEBROW EXTENSIONS**

ideal for sparse, over plucked eyebrows that just won't grow or fill in gaps. Now you can have perfectly groomed, natural brows.



**WAXING**

Silky smooth, hair free skin for up to 6 weeks.

**ELECTROLYSIS**

Permanent hair removal. This epilation technique produces heat using high frequency and shortwave diathermy to cauterise the hair and its follicle treatments available from 15 mins to 1 hour.

**BRIDAL PACKAGES**

At Acacia we specialise in wedding make-up and want your special day to be perfect in every way. Our professional make-up artists offer you a wealth of experience in the art of enhancing your best features for a flawless, stunning result.

- Wedding Packages
- Make-up trial and make-up on the special day
- St. Tropez Tanning
- Jessica Manicure with Shellac
- Shellac toes



**DONT FORGET THE GROOM**

- Nail grooming
- Eyebrow tidy

WE CAN OFFER PACKAGES TO YOUR SPECIFICATIONS.



**FLAWLESS FOUNDATION**

Makeup so pure you can sleep in it.

- 100% pure minerals
- No preservatives, oil or fragrance
- Gives flawless, adjustable natural coverage
- Perfects, Corrects and Protects all skin types
- SPF15 broad spectrum UVA/UVB protection
- Approved by the Skin Cancer Foundation
- Lasts all day long



**PROM NIGHT**

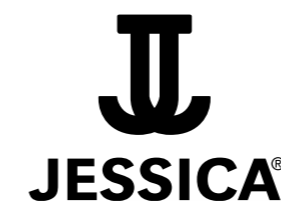
- Professional make-up application
- Shellac Nails and Toes or Acrylic Nails
- St Tropez Tan or Party Lashes



**SHELLAC**

CND Shellac™ is the original and only power polish service, empowering you, the real woman with 14 days of superior, chip-free colour no matter what life brings you.

- The original "power polish," CND Shellac™ combines the ease of polish with incomparable high-gloss shine and extended 14-day wear.
- ZERO dry time – means there's no need to wait to grab your keys at the end of your service.
- No nail damage, because there are no drills or nail surface filing required.
- Easy on and easy off in just 10 minutes with safe, gentle CND Shellac™ Remover Wraps. Improve your nails with an armour coat that says 'see you in two weeks'.



Everything you need to achieve beautiful nails, hands and feet



**THE JESSICA MANICURE**

- The Jessica Treatment Manicure
- Jessica Manicure Deluxe with heated hand mitts
- Le Remedy Hand Facial for soft, re-hydrated hands

**THE JESSICA ZEN SPA PEDICURE**

I invite you to experience Zen Spa, a sophisticated state-of-the-art system that caters to your individual needs. A pedicure is a vital therapy for the stresses of modern life. Not only does Zen Spa deeply cleanse and exfoliate dry, dull skin cells, rejuvenating skin to a healthier and softer condition, it will renew your sense of well being.

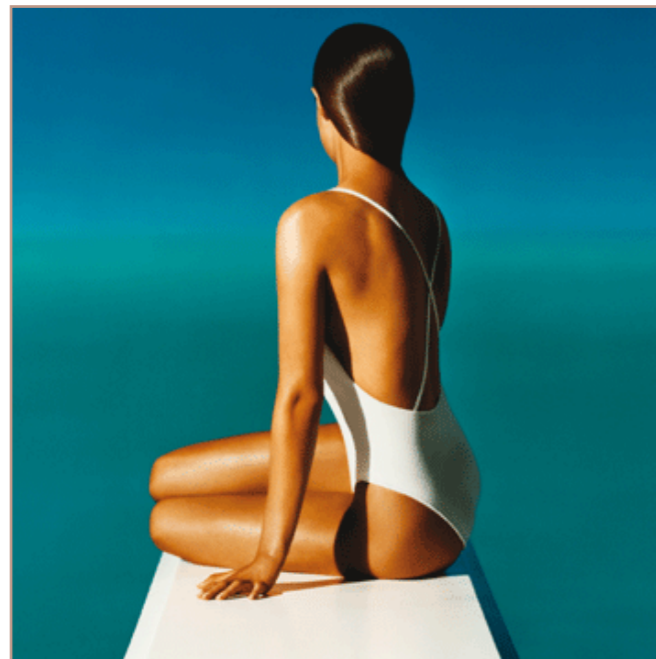
**BEAUTIFUL ACRYLIC NAILS AND TOES**

Sculptured nails tailored to your specific needs. Long lasting, natural looking and durable. We offer a range of different applications



- Sculptured Acrylic Nails and Toes
- Scratch glitter and nail art
- Twinkle Toes
- Swarovski Chrystal Toes





### ST TROPEZ TANNING

As followed by many celebrities, a beautiful non-streaky tan can now be yours all year round. St Tropez is ideal for sensitive skin types as it contains Aloe Vera and Vitamin E

### AIRBRUSH ST TROPEZ TAN

A beautiful sun kissed look lasts 7 days. Choose from

- Classic - recommended for fair skin types
- Dark - a deeper tan for darker skin tones
- Express - develops in between 1-3 hours depending on the depth of colour that you require

### DETOX ME

- Full Body Massage using detoxifying aromatherapy oils
- Hopi Ear Candles including a scalp massage

### DE-STRESS ME

- Full Body Massage using relaxing Aromatherapy Oils
- Unwind with a Relaxation and Hydrating Facial
- Scalp Massage

### UPLIFT ME

- Invigorating Body Scrub with Body Brushing
- Full Body Moisturise with Uplifting Aromatherapy Oils
- Eyelash Tint and Eyebrow Shape

### GLAMOUR ME

- File and Polish for hands and toes
- St Tropez Spray Tan
- Individual Eyelashes

### COMPLETE TOP TO TOE BLISS

- Jessica Treatment Manicure
- Jessica Zen Spa Pedicure
- Eyelash Tint and Eyebrow Tidy
- Back, Neck and Shoulder Massage
- Re-Hydrating Aromatherapy Facial

### HOLIDAY SPECIAL COMPLETE

- Jessica Treatment Manicure
- Jessica Zen Spa Pedicure
- Eyelash Tint and Eyebrow Shape
- Half leg and Bikini wax or Spray Tan

### COMBO

- Back Massage with Aromatherapy Oils
- Re-Hydrating Facial





**FOR THE GENTLEMAN  
VITRU COMPLETE FACIAL INCLUDES**

- Back Massage
- Vitru facial with hot towels
- Face and Scalp Massage
- Arm Massage



**WE OFFER MANY OF OUR  
TREATMENTS TO GENTLEMEN TOO,  
INCLUDING:**

- Waxing
- Eyebrow enhancement
- Hands and feet grooming
- Massage

**GIFT VOUCHERS**

Gift vouchers are available for both ladies and gentlemen.

**CANCELLATIONS**

Please give 24 hours notice for cancellations, no shows will incur a 50% charge of your treatment cost. This notice will allow Acacia to accommodate those on a waiting list.

**COURSES**

All courses must be completed within 3 months and cannot be refunded once payment is received.

**DEPOSITS**

For bookings lasting over 1 1/2 hours, a 50% deposit is required.





# Acacia

Beauty and Aesthetic Clinic

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## OPENING HOURS

Tuesday	10.00am - 6.00pm
Wednesday	9.00am - 8.00pm
Thursday	9.00am - 8.00pm
Friday	9.00am - 6.00pm
Saturday	9.00am - 4.30pm
Sunday	10.00am - 4.00pm

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